

ADDITIONAL TESTING, INC.™ MONTHLY NEWSLETTER

Volume 2, Issues 3

March 2004

24 HOUR DISPATCHER 612-333-3226



Drug Testing Update: Do's & Don'ts

Do's

- * Presumptive positive tests or screen positive tests can confirm **NEGATIVE**
- * Always instruct your client to provide **PHOTO ID**
- * Provide an adequate sample volume
- * Sign the chain of custody form

Don'ts

- * Don't let your clients screen positive test be the final result for that specimen, instruct your client to order a **CONFIRMATION TEST** through gc/ms
- * Don't provide a specimen in a container you did not see opened in front of you
- * Don't leave the collection site until you see your specimen completely sealed and labeled

March Spring Fling Trivia Contest:

Evaluate this scenario: Your client is giving a urine sample for a drug test and gives the collector 15 ml of urine in the specimen collection container. Is this specimen valid?

Fax answers to 651-486-8942 or email to: RoslynRN@aol.com

Hair Testing-what you need to know

Preferred hair source? Head hair

Detection Period? Typically this is 90 days, but that is based on 3 inches of hair, where 1 month equals about 1 inch of hair.

How much hair is needed? We collect/cut 160 hairs from the head or the diameter of a pencil if body hair is used. If a donor has short head hair, more hair is required.

What is the cost of a hair test? \$200

What drugs can you test for? Amphetamines (including Methamphetamine and Ecstasy)
Cocaine, Marijuana, Opiates and PCP

In this issue:

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TM
Where the results matter most

Our Products & Services:

Our New program:

THE PARENTAL EDGE™

Additional Testing Inc. is referred by many local high schools, both public and private.

All information is held strictly confidential with the parents unless it may be a situation warrants the information being shared.

Home Testing kits available-call now.

Mark your calendars now for our

2nd ANNUAL ADDITIONAL TESTING, INC.

GOLF TOURNAMENT

Saturday, August 7th, 2004

**Mississippi National Golf Club,
Red Wing, MN**

Registration forms will be sent out in May. We have room for 144 golfers, so start planning your groups now!

Tee times begin in the morning, with a box lunch followed by the awards presentations. Dinner on your own.

Point Of Law**“Topamax: A New Date Rape Alternative-True Story”**

As many of you know, I participate in an online legal nurse consulting yahoo group. This group features Legal Nurse Consultants from all across the country, sharing ideas, information and assisting with cases. On March 19th, 2004, a nurse from Florida asked the group about Topamax when her husband, a cop in Florida calls for immediate information. This anti-seizure medication was given to a woman in the her area by the alleged defendant(s). The victim was rendered unconscious and becomes the victim of sexual battery. The scenario was this, boy (defendant (thug) #1) meets girl (victim) in a club, and they exchange cell phone numbers. A week later, # 1 asks to get together and asked if he could bring a friend (thug # 2) who has plans later and will leave from her place. She agrees. Girl is 25.

As the nurse from the group states in her email. “They come over, she offers them something to drink, and (the) three are talking, Thug #2 distracts her, Thug # 1 puts the drugs in her drink. She passes out, they tear her place apart, get the Rolex Thug # 1 saw on her wrist at the club. They got all her money and anything valuable. As they are leaving Thug # 2 commits sexual battery, Thug # 1 freaks and takes the Rolex and runs leaving thug #2 there and he leaves when he is finished. She woke up, looked around her and called the police. She was cared for at the rape treatment center, her blood alcohol was completely negative.”

Now, for the COPS show bloopers, here’s how it ends. “Thug #1 uses his mother's phone to make the phone call to her cell phone. They called the on call judge for a warrant, got it and pulled both phone records. They pick up thug #1 at his mothers, tried to lie, was told he was being arrested for sexual battery and he freaked, rolled on # 2. When he confessed he said he got the drugs from friends on South Beach. He said it was a sprinkled drug, he said he opened them up put them in a vial in his pocket. He stated Topamax. My husband and the detectives kept a straight face, he excused himself and went into his office and called me to find what I could on topamax and email(ed) it yesterday. He passed the topamax info around the room. They got her watch back from the pawn shop and they did not have time to spend her money. On the spot he made a deal with the state's attorney. Her tox screen should come back the first of the week. Now you knowthe rest of the story.

Look what I just found on the net....

<http://www.rxtank.com/products.php?alpha=Topamax>”

More and more cases involving drugs and rendering the victim helpless are showing up at Additional Testing, Inc. If you go to the website, it’s an online pharmacy. I don’t know what controls are in place to prevent illicit acquisition of prescriptions, but I just hope they are in place. I wanted to share with you what is happening in another part of the country. Roslyn Paterson.



For a complete listing, including photographs of our products & services, please point your browser to the following address: <http://www.additionaltesting.com/serv.html>

In 2000, I was asked by the American Association of Legal Nurse Consultants to share my story for their monthly magazine. Many of our reader's have not heard my "story" and in this issue, I am going to share it with you. Since the writing of this article in 2000, so many things have changed and grown with Additional Testing. We've come a long way since 2 employees in 1996 and the process is one I will never forget.

"My story is one of my own healing and how the right circumstances can change the course of your life. The following is a brief description of how those circumstances turned into "Rights" and how I have been changed, invigorated and continue along my favorite path, the path of knowledge.

By 1992, I was working on a cardiac step down unit at a large metro hospital, loving my job and eager to work with this intense patient population. I had also been volunteering as a First Aid responder for spectators at one of our major arenas in town. It was after working a shift as a volunteer, on January 26, 1992 that the path of my nursing career would abruptly change.

I was heading home after a long shift at the arena. It was a warm night for January, and raining, which in Minnesota is not common. I had driven less than 10 blocks from my assigned parking space for the Super Bowl event at our arena when a large pick up truck crossed the centerline hitting me head on. I was back boarded and sent to the Emergency Department for spinal x-rays, and was eventually treated and released.

In denial of my injuries, though not severe, the pain was an interference with my job. I was only able to work with minimal weight restrictions for 2 weeks following the accident. On the last day of my job in the hospital, my weight lifting restriction was 2 pounds, the telephone handset. I took the next 2 months to allow my neck, back and left shoulder time to heal before learning from my physician, that I would no longer be able to work in the job I had dearly loved. Feelings of hopelessness were growing as I reviewed job postings for transfer. None of the jobs would suit my new limitations. I regrettably took a phone triage position; feeling like it was the last possible position of my career.

About the same time I began learning about the LNC field, my attorney called me on the phone, I remember distinctly the date, August 8th, 1995, as the date that would be the beginning of the healing; mentally, and emotionally since the accident 3 years prior. He had discussed his criminal law practice with me many times. He told me about the "Right to Independent Testing" or an additional chemical test, when you are arrested of Driving While Intoxicated (DWI) or for Driving Under the Influence (DUI). He described to me that the only way clients; calling him in the middle of the night for advice, could obtain such as test was if the police took them to a local Emergency Department. Having worked for 3 years in a triage setting, trying to persuade people not to use the Emergency Department for their convenience, I was instantly interested in why there was no such service to provide people with the means to obtain this test. My attorney said he thought I'd feel that way, and that he was confident I would find a solution to this ongoing and unfulfilled "Right".

For several weeks we talked about this new entity. We finally came up with a name for this service, after re-reading the DWI/DUI statutes several times, and trying to come up with catchy medical legal terms to describe what I intended to do. It was suddenly obvious that this new business would be named for exactly what it does, and hence, Additional Testing, Inc. was officially a business in October 1995.

I took the next 14 months to query at least 20 criminal defense attorneys practicing in the area of DUI, as the offense is commonly called here in Minnesota, about the need and viability of such a service. I used the phone book to find these attorneys just as a client would, and asked them all the same questions, including, prices, response time, legal and statute questions and the key question: is there anyone else you think I should speak to about this? In their responses, most attorneys agreed with the price I had suggested. Many said that this was a very sorely needed service in our community and were wondering how soon it would be available. As an entrepreneur, that was very comforting to know they were eager for my business to begin.

In that first 14 months, I also completed all the necessary documentation and filings for a business entity. I secured a laboratory to process the tests, took a class on phlebotomy, and found a nursing classmate from college, with experience in chemical dependency and mental health nursing, who was home on disability, to agree to answer the phones while I continued to work at my "dead end" job.

Encouraged by the first few queried attorneys to launch the business by December 1, 1996, I quickly put into place the remaining pieces of any business: staff. I hired the son of a co-worker. He is a Medical Technologist working for a large county hospital and has taught me invaluable lessons about drug testing.

The business was launched for collections on December 1, 1996 and collected several tests within the first few months. It was not until May 1997, when I started speaking to local attorney groups that things began to change. By August 1997, the business was growing, paying most of its own expenses and had grown to a staff to 3 collectors, and to 10 collectors by the end of 1999.

No longer was the call volume for tests exclusive to over night it had now spread to day business hours. By the end of 1998, the daytime needs of the business had now outgrown my need to cover the night collections. I resigned from my nursing position in September 1999 when I left 'gainful' employment altogether."

Throughout 1999 to present, I have been growing the business. We started offering Chemical Health Assess-

**Additional Testing, Inc.™
Monthly Newsletter**

Collection Site Office Hours:
M-F 9:00PM-5:00PM

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What makes my story poignant to me, and hopefully to you, is the fact that the driver of the car that caused my accident in 1992 was drunk. The healing process for me has been a long and difficult road. I never imagined myself as a tool of the criminal defense attorney and fighting for the "Rights" of DUI clients and educating the public about these rights.

Reflecting back, I learned that the right circumstances can lead you to the "Right" to Additional Testing, Inc.

Roslyn Paterson

ATI has DUI coverage in the following MN counties: 43!

Aitkin	Anoka	Beltrami	Benton	Blue Earth
Brown	Carlton	Carver	Chisago	Crow Wing
Dakota	Dodge	Faribault	Freeborn	Goodhue
Hennepin	Isanti	Kanabec	Kandiyohi	Le Sueur
McLeod	Meeker	Mille Lacs	Morrison	Mower
Nicollet	Olmsted	Pine	Ramsey	Renville
Rice	Scott	Sherburne	Sibley	St. Louis
Stearns	Steele	Wabasha	Waseca	Washington
Watonwan	Winona	Wright		

ATI expects to cover the following counties in 2004:
Ottertail, Polk, Becker, and Douglas.



DUI Alcohol Test	\$300.00
Chemical Health Assessments	\$140.00
Retesting States Evidence-Initial Retainer (new pricing)	\$200.00
Digital Alcohol Detector	\$100.00

We are all geared up and ready to take those mid-night calls.

In DUI, we are the 2nd test, its your right.

**Dude, you driving?
DWI?**

Get a 2nd opinion, call Additional Testing, Inc. for your 2nd test.

612-333-3226 or 866-333-3226

Take the test that stands up in court– BLOOD

Double-checking never hurts